



Name.....Date.....

Date of birth..... NHS number

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A wound (or cut, injury, ulcer) is a break to the skin that may be taking some time to heal. Please answer these questions about how you are coping with your wound.



1. Can you walk as well as you did before you had your wound?


☐
☐
☐

Yes Sometimes No



2. Can you go out as easily as before you had your wound?


☐
☐
☐

Yes Sometimes No



3. Do you eat well?


☐
☐
☐

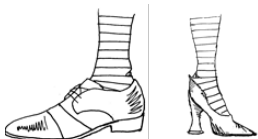
Yes Sometimes No



4. Are you able to have a shower or bath?


☐
☐
☐

Yes Sometimes No



5. Are you able to wear clothes and shoes that you want to?


☐
☐
☐

Yes Sometimes No



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6. Do you get a good night's sleep?



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Yes



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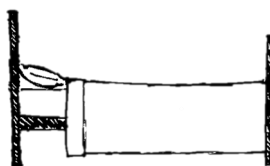
Sometimes



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|--|

No

7. Please circle the picture to show if you sleep in a bed or in a chair.



8. Please circle a number to show how your pain has been recently.

No Pain

Worst Pain

0 1 2 3 4 5 6 7 8 9 10

9. What medication do you take for your pain?



10. Where do you get your support from?



11. How do you rate your overall quality of life?
Please circle the number to show your answer

0 =worst quality of life 100 = best quality of life

