

BOOK NOW!

3rd Annual European Leg Ulcer Days



#legulcerdays @legulcerdays
#EverydaySuperhero

**LEG ULCERS TAKE
AN AVERAGE OF 210
DAYS TO HEAL**

Behind each clinician, there is an everyday superhero, with one mission: improve leg ulcer care and reduce healing time.

Manchester

Tuesday 19th November

Webinar

Wednesday 20th November

Oxford

Thursday 21st November

Register now on legulcerdays.com

**FREE
TO
ATTEND**



Wounds UK

Manchester

Tuesday 19th November

Oxford

Thursday 21st November

PROGRAMME

09.30-10.00 Registration and refreshments

10.00-10.40 Chair's introduction – Delivering patient-centric, effective leg ulcer care

Caroline Dowsett

10.40-11.00 DIALOGUE: Involving the Patient throughout Care

Sarah Gardner

11.00-11.20 Refreshment break

11.20-11.40 DIAGNOSIS: The Importance of a Holistic Approach

Caroline Dowsett

11.40-12.00 DECISION: Why should we choose evidence-based treatment?

Madeleine Flanagan

12.00-12.15 Q&A session

12.15-13.00 Lunch break

13.00-13.40 Practical workshop – *Rotation 1*

Workshop A: **DIAGNOSIS**

How to conduct an accurate, patient-centric diagnosis

Caroline Dowsett and Sarah Gardner

Workshop B: **DECISION**

How to assess and choose an evidence-based treatment

Madeleine Flanagan

Workshop C: **BANDAGE APPLICATION**

How to choose and apply evidence-based compression bandages

Urgo Medical Clinical Trainer and Clinical Specialist

13.45-14.25 Practical workshop – *Rotation 2*

14.30-14.45 Refreshment break

14.45-15.25 Practical workshop – *Rotation 3*

15.30-15.45 Chair's close

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Dr Caroline Dowsett

Clinical Nurse Specialist Tissue Viability East London NHS Foundation Trust London & Independent Nurse Consultant in Wound Care

Dr Caroline Dowsett, PhD, MSc, BSc (Hons), Dip N, D.N, RGN, works as a Clinical Nurse Specialist in Tissue Viability for East London Foundation Trust, where she is also the Clinical Lead for the leg ulcer service. Caroline also works globally as an Independent Nurse Consultant in Wound Care. She has worked in the field of wound care for over 25 years.

Caroline is an accredited Institute for Healthcare Improvement (IHI) coach and has extensive experience of coaching teams and individuals in improvement strategies and methods to advance practice. Her work on pressure ulcer prevention and management was the frontline submission for the 'High Impact Actions; Your skin matters' in 2010.

Caroline's main interests are in leg ulcer management, wound assessment and wound bed preparation, negative pressure wound therapy, quality improvement and service developments in wound care provision. Caroline is on the editorial board for Wounds UK and has published widely in peer review journals. She has taken part in several research projects and expert advisory boards and also lectures locally, nationally and internationally.



Sarah Gardner

Clinical Lead for Tissue Viability Service, Oxford Health NHS FT (RGN, DN cert, CPT, BA Hons, MSc, Queens Nurse)

Sarah's first post after qualifying as a nurse in 1983 was in a dermatology unit on the Wirral. Her interest in leg ulcers stems from this early experience, but it wasn't until she qualified and worked as a district nurse in 1991 that her real passion for wound care and improving healing rates began.

Sarah spent 18 years working clinically in the community, taking on a role as a community practice teacher (CPT) and latterly a clinical development lead before moving into the specialist area of tissue viability in 2010. Sarah leads a specialist community tissue viability team, which aims to support clinicians in both the prevention and management of complex wounds in order to improve patient-related outcomes.

Sarah has a particular interest in leg ulcers and is currently co-vice chair of the 'Legs Matter' campaign coalition. She is also a member of the National Wound Care Strategy Programme lower limb workstream and is a Trustee for the Tissue Viability Society.



Madeleine Flanagan

Principal Lecturer, Dermatology and Wound Management, University of Hertfordshire

Madeleine has been a wound specialist for over 25 years in a variety of hospital and community settings, and was responsible for the development of the first undergraduate wound management programmes in the UK.

She is a Programme Director for MSc Skin Integrity Skills and MSc Dermatology Skills and Treatment at the University of Hertfordshire Postgraduate Medical School and has expertise of developing inter-professional curricula to support specialist clinical practice both in the UK and overseas.

She has extensive experience providing a variety of consultancy, research, commercial and educational activities related to wound management and dermatology. She regularly participates in international conferences and has lectured in the Middle East, Europe, Australia, India, South Africa and USA on a variety of wound management-related topics, but has a particular interest in wound and skin integrity problems associated with diabetes, inter-professional team working and clinical skills development.



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LEG ULCER DAYS: DIALOGUE, DIAGNOSIS, DECISION



DELIVERING PATIENT-CENTRIC,
EFFECTIVE LEG ULCER CARE

Presentations by

*Caroline Dowsett, Madeleine Flanagan
and Sarah Gardner*



Become an **#EverydaySuperhero** with practical tips to provide patient-centric, effective leg ulcer care.

Followed by your chance to ask the experts in a **LIVE Q&A session**

- **Dialogue** – involving the patient throughout care
- **Diagnosis** – the importance of a holistic approach
- **Decision** – why should we choose evidence-based treatment?

Register at: www.legulcerdays.com